

11th Annual Who is Jay? Mental Health Symposium

IN FOCUS

Featuring Morning Keynote
by Xavier Amador, Ph.D.



Internationally sought-after speaker, clinical psychologist, President of the LEAP Institute, and author of nine books including, *I Am Not Sick, I Don't Need Help*

Also, Featuring an Inspiring Fireside Chat
between Dese'Rae L. Stage, LCSW
and Christina Watkins



Photographer, suicide awareness activist, therapist and creator of *Live Through This*, a multimedia series of portraits and stories of nearly 200 suicide attempt survivors.



WESH 2 News Anchor/Reporter, children's author and mental health advocate

Reframing the Conversation,
Improving Care

11th ANNUAL WHO IS JAY? MENTAL HEALTH SYMPOSIUM

Wednesday, May 13, 2026
8:30 a.m. to 4:00 p.m.
Ocean Center, Daytona Beach

Brought to you by:

Who is Jay?
WhoisJay.org

Jay's Hope Fund

**SMA HEALTHCARE
FOUNDATION**

Event Schedule

8:30 to 9:15 a.m.

Check-In | Care Partners Connections Studio Open
Morning Refreshments

9:15 to 9:30 a.m.

Welcome & Opening Remarks

9:30 to 10:45 a.m.

Morning Keynote and Q&A
Dr. Xavier Amador

10:45 to 11:00 a.m.

Break | Meet-n-Greet with Dr. Xavier Amador
Care Partners Connections Studio Open

11:00 a.m. to 12:30 p.m.

Morning Breakout Sessions

12:30 to 12:45 p.m.

Break | Care Partners Connections Studio Open

12:45 to 1:15 p.m.

LUNCH

1:15 to 2:00 p.m.

Fireside Chat with Dese'Rae L. Stage
and Christina Watkins

2:00 to 2:30 p.m.

Dessert Break
Meet-n-Greet with Dese'Rae Stage
Care Partners Connections Studio Open

2:30 to 4:00 p.m.

Afternoon Breakout Sessions

11th Annual Who is Jay? Mental Health Symposium



Reframing the Conversation, Improving Care

BREAKOUT TOPICS INCLUDE:

- Hypnotherapy
- Nutrition and Mental Health
- Advancing Suicide Prevention Through Collaboration & Compassion
- Social Media Impacts on Mental Health
- Recovery-Oriented Cognitive Therapy
- Caregiver Stress & Hidden Grief

Up to 4 (four) CEUs Available

(Florida Board of Clinical Social Work, Marriage & Family Therapy, and/or Mental Health Counseling)

REGISTRATION

\$75 Regular Registration

(\$65 early bird rate through April 15)

\$25 Students

NAMI Members FREE

Deadline to Register: May 6, 2026

*Registration includes full day of presentations,
parking at the Ocean Center, and food
(lunch, as well as morning and afternoon refreshments)*



Presenters: Tracy Riley (PsyD, LCSW), James Munro (ND), Salvatore Gintoli (MA) & Melissa Eugley (LMHC, CBHCMS), Aaron Brinen (PsyD), and Nicole King (LMHC)

SCAN HERE
TO REGISTER

(or visit www.WhoisJay.org)



For more information, please visit www.WhoisJay.org
or contact Cyndi Hines, PR & Events Manager
chines@smahealthcare.org | 386-254-1136

Who is Jay?
WhoisJay.org

**SMA HEALTHCARE
FOUNDATION**