

# 9th Annual Who is Jay? Mental Health Symposium

## MISSION: POSSIBLE

featuring keynote  
presentations by



**Gaelin Elmore**

*Keynote Speaker, Trainer &  
Belonging Advocate*



**Mark Henick**

*Broadcaster, Bestselling Author  
and Mental Health Advocate*

***A full day of mental health presentations designed to accomplish our  
Mission: To Find Hope, Healing & Recovery***



**Wednesday, May 15, 2024**  
8:30 a.m. to 4:00 p.m.  
Ocean Center | Daytona Beach



*Thank you to our sponsors:*



FPL | Molina Healthcare | Markey's Rental & Staging | Wekiva Springs Center



**REGISTER TODAY**

Sponsor and vendor opportunities are available. For more information, please visit  
[www.WhoisJay.org](http://www.WhoisJay.org)

# MISSION: POSSIBLE



To Find HOPE, Healing & Recovery

Cost to Register: \$65 | Students \$24 | NAMI Members FREE

Includes full day of presentation, parking at the Ocean Center (garage), lunch and refreshments

## SCHEDULE

8:30 to 9:15 a.m.

Check-In | Vendor Area Open

9:15 to 10:30 a.m.

WELCOME

Keynote by Gaelin Elmore

10:30 to 10:45 a.m.

BREAK | Vendor Area Open

10:45 a.m. to 12:15 p.m.

Morning Breakouts

12:15 to 12:30 p.m.

BREAK | Vendor Area Open

12:30 to 1:00 p.m.

LUNCH

1:00 to 2:00 p.m.

Keynote by Mark Henick

2:00 to 2:30 p.m.

BREAK | Vendor Area Open

Meet-n-Greet with Keynoters

(Note: Prize Drawing 2:20 p.m.)

2:30 to 4:00 p.m.

Afternoon Breakouts

More information available at [www.WhoisJay.org](http://www.WhoisJay.org) or contact

Cyndi Hines

PR & Events Manager

[chines@smahealthcare.org](mailto:chines@smahealthcare.org)

Register by May 10th at:

<http://tiny.cc/vlsoxz>

## BREAKOUT SESSIONS & TOPICS

### MORNING BREAKOUTS | 1.5 CEUs

**Erasing the Belonging Gap: Making a Difference in the Lives of Youth You Serve** - presented by Gaelin Elmore (this is an in-depth workshop expanding on his keynote presentation)

**The Art of War - Understanding Military Culture and Working With Veterans and Their Families** - presented by Dr. J. Salvatore Alberico (Army Veteran, Mental Health Professional serving Veterans and their families at a VA clinic in Florida - Doctor of Psychology in Clinical Psychology with a Military Emphasis)

**Human 'Nature: The Search for Meaning and Wholeness in Relationship to All Other Living Things** - presented by Dr. Carlene Taylor, LMHC, ESMHL, ERYT (Clinical Assistant Professor & Director, Integrative Behavioral Health Clinical Training Center, Dept. of Public Health, Brooks College of Health, UNF)

### AFTERNOON BREAKOUTS | 1.5 CEUs

**Using Neuroscience to Identify and Treat Mental Health Challenges** - presented by Dr. Emily Kalambaheti (Chief Clinical Officer and Director of Rehabilitation at Genesis Brain Institute, Clinical Neuroscientist and Healthcare Professional) and Martha Rhodes (Author of 3,000 Pulses Later, Patient and Patient Advocate)

**Help For the Helpers: Strategies to Combat Burnout** - presented by Samantha Sciarrillo, PsyD (Licensed Psychologist & Owner of Dr. Samantha Rae PLLC)

**The Tale of Two Silos: Connecting Mental Health and Substance Use Disorders** - presented by Kelly D'Elia, APRN, SMA Healthcare, FACT

### CEUs Available:

If you are licensed under the Florida Board of Clinical Social Work, Marriage and Family Therapy and/or Mental Health Counseling, CEUs are available. You must sign in and provide your license number at each session in order to receive credit. Certificate of attendance available upon request.

SMA Healthcare Foundation Federal ID: #59-3496645

A copy of the official registration and financial information may be obtained from the Florida Department of Agriculture and Consumer Services/Division of Consumer Services by calling toll-free 800-435-7352 within the state or via their website at [www.freshfromflorida.com/Divisions-Offices/Consumer-Services](http://www.freshfromflorida.com/Divisions-Offices/Consumer-Services). Registration does not apply endorsement, approval, or recommendation by the state.