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# Amie R. Newins

Formerly Amie R. Schry

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## EDUCATION & TRAINING

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- 2013 – 2014      **Psychology Internship**  
Durham Veterans Affairs Medical Center, Durham, NC  
APA-Accredited Predoctoral Clinical Psychology Internship
- 2011 – 2014      **Doctor of Philosophy**  
Virginia Polytechnic Institute and State University, Blacksburg, VA  
APA-Accredited Clinical Psychology Program  
Dissertation Title: *Behavioral Responses and Risk Detection in Sexual Encounters: A Study on the Effects of Social Anxiety and a Brief Intervention*  
Advisor: Susan W. White, Ph.D.  
Dissertation Committee Members: Danny Axsom, Ph.D., Jungmeen Kim-Spoon, Ph.D., and Robert S. Stephens, Ph.D.
- 2009 – 2011      **Master of Science**  
Virginia Polytechnic Institute and State University, Blacksburg, VA  
APA-Accredited Clinical Psychology Program  
Thesis Title: *Social Anxiety as a Risk Factor of Sexual Victimization in College Women*  
Advisor: Susan W. White, Ph.D.  
Thesis Committee Members: Danny Axsom, Ph.D., and Bethany C. Bray, Ph.D.
- 2004 – 2008      **Bachelor of Arts**  
Mercer University, Macon, GA  
Psychology (Minor: Criminal Justice)  
*Magna Cum Laude*, with Departmental Honors, from the University Honors Program

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## ACADEMIC AND PROFESSIONAL POSITIONS

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- 2016 – Present      **Assistant Professor**  
Department of Psychology, University of Central Florida, Orlando, FL
- 2016 – Present      **Graduate Program Faculty Member**  
Clinical Psychology Ph.D. Program, University of Central Florida, Orlando, FL

- 2018 – Present      **Director**  
Center for Research and Education in Sexual Trauma (CREST), UCF  
RESTORES, University of Central Florida, Orlando, FL
- 2016 – Present      **Director of Continuing Education**  
UCF RESTORES, University of Central Florida, Orlando, FL
- 2016 – 2018      **Director**  
Stress, Health, and Anxiety Research Lab (SHARE Lab), University of Central  
Florida, Orlando, FL
- 2015 – 2016      **Staff Psychologist**  
Intensive Outpatient and General Outpatient Substance Use Disorders Programs,  
Hillandale II and Raleigh II Community Based Outpatient Clinics (Durham  
Veterans Affairs Medical Center), Durham and Raleigh, NC
- 2015 – 2016      **Medical Instructor**  
Department of Psychiatry and Behavioral Sciences, Duke University School of  
Medicine, Durham, NC
- 2014 – 2015      **Postdoctoral Fellow**  
Advanced Fellowship Program in Mental Illness Research and Treatment  
(MIRT), Veterans Affairs Mid-Atlantic Mental Illness Research, Education, and  
Clinical Center (MIRECC) and Durham Veterans Affairs Medical Center,  
Durham, NC  
Primary Advisor: Patrick S. Calhoun, Ph.D.

## LICENSURE

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**Florida**                      License Number: PY 9640 (*Active*)  
**North Carolina**              License Number: 4909 (*Expired*)

## PEER-REVIEWED PUBLICATIONS

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(\*Graduate student author)

1. \*Morrison, K. I., Beidel, D. C., & **Newins, A. R.** (in press). When traumatic memories affect your health: A clinical case study. *Clinical Case Studies*.
2. **Newins, A. R.**, Glenn, J. J., Wilson, L. C., Wilson, S. M., Kimbrel, N. A., Bekcham, J. C.,...Calhoun, P. S. (in press). Psychological outcomes following sexual assault: Differences by gender and timing of sexual assault. *Psychological Services*.
3. **Newins, A. R.**, Wilson, L. C., & \*Kanefsky, R. (in press). Does sexual orientation moderate the relationship between posttraumatic cognitions and mental health outcomes following sexual assault? *Psychology & Sexuality*.
4. Wilson, L. C., **Newins, A. R.**, Wilson, S. M., Elbogen, E. B., Dedert, E. A., Calhoun, P. S.,...Kimbrel, N. A. (in press). Self- and other-directed violence as outcomes of deployment-based military sexual assault in Iraq/Afghanistan-era veteran men and women. *Journal of Aggression, Maltreatment & Trauma*.

5. \*Cook, M. A., **Newins, A. R.**, Dvorak, R. D., & \*Stevenson, B. L. (2019). What about this time? Within- and between-person associations between drinking motives and alcohol outcomes. *Experimental and Clinical Psychopharmacology*. Advance online publication. <http://dx.doi.org/10.1037/pha0000332>
6. **Newins, A. R.**, & White, S. W. (2018). A brief computer-based sexual assault risk reduction program: A feasibility, acceptability, and preliminary efficacy pilot study. *Journal of Interpersonal Violence*. Advance online publication. <http://dx.doi.org/10.1177/0886260518792974>
7. **Newins, A. R.**, Wilson, L. C., & Kimbrel, N. A. (2019). Child maltreatment and suicidal ideation among college students: The mediating role of PTSD symptoms. *Current Psychology*. Advance online publication. <http://dx.doi.org/10.1007/s12144-019-00436-1>
8. Beidel, D. C., Neer, S. M., Bowers, C. A., **Newins, A. R.**, Tuerk, P., Cunningham, C.,...Jett, M. (2020). Trauma Management Therapy and Prolonged Exposure Therapy for PTSD in an active duty sample: Design and methodology of a randomized clinical trial. *Contemporary Clinical Trials Communications*, 17. <http://dx.doi.org/10.1016/j.conctc.2019.100491>
9. Reed, R. A., Pamlaney, J. T., Truex, H. R., Murphy-Neilson, M. C., Kunaniec, K. P., **Newins, A. R.**, & Wilson, L. C. (2020). Higher rates of unacknowledged rape among men: The role of rape myth acceptance. *Psychology of Men and Masculinities*, 21, 162-167. <http://dx.doi.org/10.1037/men0000230>
10. Brennan, C. L., Swartout, K. M., Goodnight, B. L., Cook, S. L., Parrott, D. J., Thompson, M. P., **Newins, A. R.**,...Leone, R. M. (2019). Evidence for multiple classes of sexually violent college men. *Psychology of Violence*, 9, 48-55. <http://dx.doi.org/10.1037/vio0000179>
11. **Newins, A. R.** (2019). Ethical considerations of compelled disclosure of sexual assault among college students: Comment on Holland, Cortina, & Freyd (2019). *American Psychologist*, 74, 248-249. <http://dx.doi.org/10.1037/amp0000363>
12. **Newins, A. R.**, Wilson, S. M., Hopkins, T. A., & Calhoun, P. S. (2019). Barriers to the use of Veterans Affairs health care services among female veterans who served in Iraq and Afghanistan. *Psychological Services*, 16, 484-490. <http://dx.doi.org/10.1037/ser0000230>
13. Norberg, M. M., **Newins, A. R.**, Crone, C., Ham, L. S., Henry, A., Mills, L., & Dennis, P. A. (2019). Why are caffeinated alcoholic beverages especially risky? *Addictive Behaviors*, 98. <http://dx.doi.org/10.1016/j.addbeh.2019.106062>
14. Wilson, L. C., & **Newins, A. R.** (2019). Rape acknowledgment and sexual minority identity: The indirect effect of rape myth acceptance. *Psychology of Sexual Orientation and Gender Diversity*, 6, 113-119. <http://dx.doi.org/10.1037/sgd0000304>
15. Wilson, L. C., **Newins, A. R.**, & Kimbrel, N. A. (2019). An examination of the interactive effects of different types of childhood abuse and perceived social support on suicidal ideation. *Children's Health Care*, 48, 394-409. <http://dx.doi.org/10.1080/02739615.2019.1630282>
16. Calhoun, P. S., **Schry, A. R.**, Dennis, P. A., Wagner, H. R., Kimbrel, N. A., Bastian, L. A.,...Straits-Tröster, K. (2018). The association between military sexual trauma and use of VA and non-VA healthcare services among female veterans with military service in Iraq or Afghanistan. *Journal of Interpersonal Violence*, 33, 2439-2464. <http://dx.doi.org/10.1177/0886260515625909>
17. Fulton, J. J., **Newins, A. R.**, Porter, L., & Ramos, K. (2018). Psychotherapy targeting depression and anxiety for use in palliative care: A meta-analysis. *Journal of Palliative Medicine*, 21, 1024-1037. <http://dx.doi.org/10.1089/jpm.2017.0576>
18. **Newins, A. R.**, \*Bernstein, E., \*Peterson, R., Waldron, J. C., & White, S. W. (2018). Title IX mandated reporting: University employee and student knowledge and opinions. *Behavioral Sciences*, 8. <http://dx.doi.org/10.3390/bs8110106>
19. **Newins, A. R.**, & White, S. W. (2018). Title IX sexual violence reporting requirements: Knowledge and opinions of responsible employees and students. *Journal of Aggression, Conflict and Peace Research*, 10(2), 74-82. <http://dx.doi.org/10.1108/JACPR-04-2017-0282>

20. **Newins, A. R.**, Wilson, L. C., & White, S. W. (2018). Rape myth acceptance and rape acknowledgment: The mediating role of sexual refusal assertiveness. *Psychiatry Research*, *263*, 15-21. <http://dx.doi.org/10.1016/j.psychres.2018.02.029>
21. Norberg, M. M., **Newins, A. R.**, & Henry, A. (2018). The Timeline Followback reliably assesses caffeinated alcohol beverage (CAB) consumption and outcomes: CABs increase risk. *Journal of Caffeine and Adenosine Research*, *8*, 162-172. <http://dx.doi.org/10.1089/caff.2018.0003>
22. Norberg, M. M., **Newins, A. R.**, Jiang, Y., Xu, J., Forcadell, E., Alberich, C., & Deacon, B. (2018). The scarier the better: Maximizing exposure therapy outcomes for spider fear. *Behavioural and Cognitive Psychotherapy*, *46*, 754-760. <http://dx.doi.org/10.1017/S1352465818000437>
23. Wilson, L. C., & **Newins, A. R.** (2018). The indirect effect of child maltreatment severity on adult PTSD symptoms through anxiety sensitivity. *Journal of Child Sexual Abuse*, *27*, 682-698. <http://dx.doi.org/10.1080/10538712.2018.1488333>
24. Wilson, L. C., **Newins, A. R.**, & White, S. W. (2018). The impact of rape acknowledgment on survivor outcomes: The moderating effects of rape myth acceptance. *Journal of Clinical Psychology*, *74*, 926-939. <http://dx.doi.org/10.1002/jclp.22556>
25. Wilson, S. M., Burroughs, T. K., **Newins, A. R.**, Dedert, E. A., Medenblik, A. M., McDonald, S. D.,...Calhoun, P. S. (2018). The association between alcohol consumption, lifetime alcohol use disorder, and psychiatric distress among men and women veterans. *Journal of Studies on Alcohol and Drugs*, *79*, 591-600. <http://dx.doi.org/10.15288/jsad.2018.79.591>
26. Wilson, S. M., **Newins, A. R.**, Medenblik, A. M., Kimbrel, N. A., Dedert, E. A., Hicks, T. A.,... Calhoun, P. S. (2018). Contingency management versus psychotherapy for prenatal cessation: A meta-analysis of randomized controlled trials. *Women's Health Issues*, *28*, 514-523. <http://dx.doi.org/10.1016/j.whi.2018.05.002>
27. Kimbrel, N. A., **Newins, A. R.**, Dedert, E. A., Van Voorhees, E. E., Elbogen, E. B., Naylor, J. C.,...Calhoun, P. S. (2017). Cannabis use disorder and suicide attempts in Iraq/Afghanistan-era veterans. *Journal of Psychiatric Research*, *89*, 1-5. <http://dx.doi.org/10.1016/j.jpsychires.2017.01.002>
28. Norberg, M. M., **Newins, A. R.**, Mills, L., & Ham, L. S. (2017). Psychometric validation of the Anticipated Effects of Alcohol Mixed with Energy Drinks Scale. *Psychological Assessment*, *29*, 1505-1516. <http://dx.doi.org/10.1037/pas0000451>
29. Calhoun, P. S., **Schry, A. R.**, Wagner, H. R., Kimbrel, N. A., Dennis, P. A., McDonald, S. D.,...Straits-Tröster, K. (2016). The prevalence of binge drinking and receipt of provider drinking advice among U.S. veterans with military service in Iraq or Afghanistan. *The American Journal of Drug and Alcohol Abuse*, *42*, 269-278. <http://dx.doi.org/10.3109/00952990.2015.1051185>
30. Gentes, E. L., **Schry, A. R.**, Hicks, T. A., Clancy, C. P., Collie, C. F., Kirby, A. C., ...Calhoun, P. S. (2016). Prevalence and correlates of cannabis use in an outpatient VA posttraumatic stress disorder clinic. *Psychology of Addictive Behaviors*, *30*, 415-421. <http://dx.doi.org/10.1037/adb0000154>
31. **Schry, A. R.**, Beckham, J. C., VA Mid-Atlantic MIRECC Workgroup, & Calhoun, P. S. (2016). Sexual revictimization among Iraq and Afghanistan war era veterans. *Psychiatry Research*, *240*, 406-411. <http://dx.doi.org/10.1016/j.psychres.2016.04.016>
32. **Schry, A. R.**, Maddox, B. B., & White, S. W. (2016). Social anxiety and alcohol-related sexual victimization: A longitudinal pilot study of college women. *Addictive Behaviors*, *61*, 117-120. <http://dx.doi.org/10.1016/j.addbeh.2016.05.022>
33. **Schry, A. R.**, & White, S. W. (2016). Social anxiety and resistance techniques in risky sexual scenarios: A possible mechanism of increased risk of victimization. *Personality and Individual Differences*, *88*, 242-246. <http://dx.doi.org/10.1016/j.paid.2015.09.022>
34. Fulton, J. J., Calhoun, P. S., Wagner, H. R., **Schry, A. R.**, Hair, L. P., Feeling, N., ...Beckham, J. C. (2015). The prevalence of posttraumatic stress disorder in Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF) veterans: A meta-analysis. *Journal of Anxiety Disorders*, *31*, 98-107. <http://dx.doi.org/10.1016/j.janxdis.2015.02.003>

35. **Schry, A. R.**, Hibberd, R., Wagner, H. R., Turchik, J. A., Kimbrel, N. A., Wong, M.,...Brancu, M. (2015). Functional correlates of military sexual assault in male veterans. *Psychological Services, 12*, 384-393. <http://dx.doi.org/10.1037/ser0000053>
36. **Schry, A. R.**, Rissling, M. B., Gentes, E., Straits-Tröster, K., Kudler, H., Beckham, J. C., & Calhoun, P. S. (2015). The relationship between post-traumatic stress symptoms and physical health in a cross-sectional survey of Iraq and Afghanistan era veterans. *Psychosomatics, 56*, 674-684. <http://dx.doi.org/10.1016/j.psych.2015.07.010>
37. White, S. W., **Schry, A. R.**, Miyazaki, Y., Ollendick, T. H., & Scahill, L. (2015). Effects of verbal ability and severity of autism on anxiety in adolescents with ASD: One-year follow-up after cognitive behavioral therapy. *Journal of Clinical Child and Adolescent Psychology, 44*, 839-845. <http://dx.doi.org/10.1080/15374416.2014.893515>
38. **Schry, A. R.**, Norberg, M. M., Maddox, B. B., & White, S. W. (2014). Gender matters: The effect of social anxiety on alcohol-related consequences. *PLOS ONE, 9*(12), e115361. <http://dx.doi.org/10.1371/journal.pone.0115361>
39. White, S. W., Smith, L., & **Schry, A. R.** (2014). Assessment of global functioning in adolescents with autism spectrum disorders: Utility of the Developmental Disability-Child Global Assessment Scale. *Autism, 18*, 362-369. <http://dx.doi.org/10.1177/1362361313481287>
40. **Schry, A. R.**, & Norberg, M. M. (2013). Factor structure of the Modified Timeline Followback: A measure of alcohol-related consequences. *Journal of Studies on Alcohol and Drugs, 74*, 803-809.
41. **Schry, A. R.**, & White, S. W. (2013). Sexual assertiveness mediates the effect of social interaction anxiety on sexual victimization risk among college women. *Behavior Therapy, 44*, 125-136. <http://dx.doi.org/10.1016/j.beth.2012.09.001>
42. **Schry, A. R.**, & White, S. W. (2013). Understanding the relationship between social anxiety and alcohol use in college students: A meta-analysis. *Addictive Behaviors, 38*, 2690-2706. <http://dx.doi.org/10.1016/j.addbeh.2013.06.014>
43. **Schry, A. R.**, Roberson-Nay, R., & White S. W. (2012). Measuring social anxiety in college students: A comprehensive evaluation of the psychometric properties of the SPAI-23. *Psychological Assessment, 24*, 846-854. <http://dx.doi.org/10.1037/a0027398>
44. White, S. W., **Schry, A. R.**, & Maddox, B. B. (2012). Brief report: The assessment of anxiety in high functioning adolescents with autism spectrum disorder. *Journal of Autism and Developmental Disorders, 42*, 1138-1145. <http://dx.doi.org/10.1007/s10803-011-1353-3>

## NEWLETTERS

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1. Cooper, L. D., & **Schry, A. R.** (2013). Does clinical practice inform clinical research? *The Clinical Psychologist, 66*(4), 19-25.

## BOOK CHAPTERS

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1. White, S. W., **Schry, A. R.**, & Kreiser, N. L. (2014). Social worries and difficulties: Autism and/or social anxiety disorder? In T. E. Davis, III, S. W. White, & T. H. Ollendick (Eds.), *Handbook of autism and anxiety*. New York, NY: Springer.
2. White, S. W., & **Schry, A. R.** (2011). Social anxiety in adolescents on the autism spectrum. In C. A. Alfano & D. C. Beidel (Eds.), *Social anxiety disorder in adolescents and young adults: Translating developmental science into practice*. Washington, DC: American Psychological Association Books.

## MANUSCRIPTS UNDER REVIEW, UNDER REVISION, & IN PREPARATION

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(\*Graduate student author)

1. \*Cook, M. A., & Newins, A. R. (under review). How is my relationship? An examination of social anxiety, dissociation, and relationship satisfaction.
2. Wilson, L. C., & Newins, A. R. (under review). Attitudes toward men and rejection of rape myths: The impact on survivor rape acknowledgment.
3. Newins, A. R., Wilson, L. C., & \*Kanefsky, R. (in preparation). What's in a label? The impact of media and sexual assault characteristics on rape acknowledgment and outcomes.
4. Zamboanga, B. L., Newins, A. R., & \*Cook, M. A. (in preparation). A meta-analysis of drinking game participation and alcohol-related outcomes: A brief report.

## PAPER PRESENTATIONS & SYMPOSIA

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1. Newins, A. R., & Wilson, L. C. (2019, November). What's in a label? Sexual assault characteristics, rape acknowledgment, and outcomes. In \*E. Bernstein & A. R. Newins (Chairs), *Labels matter: The role of sexual assault perceptions in risk and outcomes*. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
2. \*Bernstein, E., & Newins, A. R. (2019, November). Sexual assault acknowledgment and psychological symptoms: The indirect effect of social reactions to disclosure. In \*E. Bernstein & A. R. Newins (Chairs), *Labels matter: The role of sexual assault perceptions in risk and outcomes*. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
3. Newins, A. R., Wilson, L. C., & Kimbrel, N. (2019, May). Child maltreatment and suicidal ideation among college students: The role of PTSD and alcohol dependence symptoms. In L. C. Wilson & A. R. Newins (Chairs), *How psychosocial risk and protective factors contribute to suicide among youth and young adults*. Symposium conducted at the meeting of the Association for Psychological Science, Washington, DC.
4. Wilson, L. C., Newins, A. R., & Kimbrel, N. (2019, May). An examination of the interactive effects of different types of childhood abuse and perceived social support on suicidal ideation. In L. C. Wilson & A. R. Newins (Chairs), *How psychosocial risk and protective factors contribute to suicide among youth and young adults*. Symposium conducted at the meeting of the Association for Psychological Science, Washington, DC.
5. Newins, A. R., & Wilson, L. C. (2018, November). Gender differences in post-sexual assault outcomes. In R. E. Anderson (Chair), *Promoting recovery after sexual violence in diverse populations*. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
6. Newins, A. R., & Wilson, L. C. (2018, November). Depression and posttraumatic stress symptoms following sexual assault: the role of posttraumatic cognitions in differences based on sexual orientation. In A. R. Newins & L. C. Wilson (Chairs), *Sexual assault among individuals who identify as sexual minorities: Predictors of severity and mental health outcomes*. Symposium conducted at the meeting of the International Society for Traumatic Stress Studies, Washington, DC.
7. Wilson, L. C., & Newins, A. R. (2018, November). Rape acknowledgment in the LGBTQ+ community: The indirect effect of rape myth acceptance. In A. R. Newins & L. C. Wilson (Chairs), *Sexual assault among individuals who identify as sexual minorities: Predictors of severity and mental health outcomes*. Symposium conducted at the meeting of the International Society for Traumatic Stress Studies, Washington, DC.

8. **Newins, A. R.**, & Wilson, L. C. (2017, November). Rape myth acceptance and rape acknowledgment: The mediating role of sexual refusal assertiveness. In L. C. Wilson & **A. R. Newins** (Chairs), *Understanding the role of sociocognitive factors in risk and outcomes of sexual victimization among college students*. Symposium conducted at the meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
9. Wilson, L. C., & **Newins, A. R.** (2017, November). The impact of rape acknowledgment on survivor outcomes: The moderating effect of rape myth acceptance. In L. C. Wilson & **A. R. Newins** (Chairs), *Understanding the role of sociocognitive factors in risk and outcomes of sexual victimization among college students*. Symposium conducted at the meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
10. **Newins, A. R.** (2017, October). *Rape acknowledgment: Predictors and outcomes*. Presentation at the University of Central Florida Clinical Psychology Program Brown Bag Series, Orlando, FL.
11. **Schry, A. R.**, & White, S. W. (2016, April). *Ethics and Title IX issues in research on sexual assault*. Paper presented at the Virginia Tech Sexual Violence: An Interdisciplinary Conference, Blacksburg, VA.
12. Lawson, E., Henry, A., **Schry, A.**, & Norberg, M. (2015, September). *A load of (red) bull...Drinking motives accounting for adverse consequences of mixing alcohol with energy drinks?* Paper presented at the Australasian Conference of Undergraduate Research 2015, Perth, Australia.
13. White, S. W., **Schry, A. R.**, Miyazaki, Y., Ollendick, T. H., & Scahill, L. (2013, November). Deeper into CBT for anxiety in autism: Intra-individual factors predicting treatment response and long-term anxiety reduction. In M. D. Lerner (Chair), *Predictors of intervention response in youth with autism spectrum disorders: Moderators and mediators of psychosocial treatments for core and comorbid psychopathology*. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
14. **Schry, A. R.**, & White, S. W. (2011, November). Social anxiety and sexual victimization in college women. In **A. R. Schry** (Chair), *Social anxiety and health risk behaviors in adolescents and college students*. Symposium conducted at the meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
15. **Schry, A. R.** (2011, September). *Social interaction anxiety as a risk factor of sexual victimization in college women*. Presentation at the Virginia Tech Clinical Research Fair, Blacksburg, VA.
16. Pegram, S. E., **Schry, A. R.**, Bowden, E., & Plummer, J. P. (2010, August). Alcohol's influence on perceptions of alcohol-facilitated sexual assault. In E. S. Geller (Chair), *Community-based research exploring the human dynamic of alcohol abuse*. Symposium conducted at the meeting of the American Psychological Association, San Diego, CA.
17. Smith, R. C., Geller, E. S., & **Schry, A. R.** (2010, August). Relationships among intentions, alcohol consumption, and intoxication: A field study. In E. S. Geller (Chair), *Community-based research exploring the human dynamic of alcohol abuse*. Symposium conducted at the meeting of the American Psychological Association, San Diego, CA.
18. **Schry, A. R.** (2010, March). *Correlates of sexual victimization in college women*. Presentation at the Virginia Tech Clinical Research Forum, Blacksburg, VA.
19. **Schry, A. R.**, & White, S. W. (2009, February). *Measuring treatment impact in youth with autism*. Paper session presented at the meeting of the Southeastern Psychological Association, New Orleans, LA.

## **POSTER PRESENTATIONS**

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(\*Graduate student author; \*\*Undergraduate student author)

1. **\*\*Berg, S.**, & **Newins, A. R.** (2019, November). *Social anxiety and sexual victimization: The roles of assertiveness, gender, and race*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

2. \*Cook, M., & **Newins, A. R.** (2019, November). *Drinking for the other you: Alcohol consequences in social anxiety and dissociation*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
3. \*Kanefsky, R., & **Newins, A. R.** (2019, November). *Talking about sexual assault: Factors that differentiate those who disclose and those who don't*. Poster presented at the meeting of the International Society for Traumatic Stress Studies, Boston, MA.
4. Zamboanga, B. L., **Newins, A. R.**, \*Cook, M. A., & \*\*Jarrell, J. T. (2019, May). *Drinking games participation and negative drinking consequences: A meta-analysis*. Poster presented at the meeting of the American Psychological Association, Chicago, IL.
5. **Newins, A. R.**, & Zamboanga, B. L. (2019, May). *Not all fun and games: The association between drinking games participation and alcohol consequences*. Poster presented at the meeting of the American Psychological Association, Chicago, IL.
6. Norberg, M. M., **Newins, A. R.**, Crone, C., Ham, L. S., Henry, A., Mills, L., & Dennis, P. A. (2019, July). *What makes caffeinated alcoholic beverages so risky?* Poster presented at the meeting of the World Congress of Behavioural and Cognitive Therapies, Berlin, Germany.
7. \*Bernstein, E., \*Cook, M. A., & **Newins, A. R.** (2019, May). *Sexual assault and depressive symptoms: The moderating effect of difficulties in emotion regulation*. Poster presented at the meeting of the Association for Psychological Science, Washington, DC.
8. \*Cook, M. A., & **Newins, A. R.** (2019, May). *How is our relationship? The role of social anxiety and dissociation in relationship satisfaction*. Poster presented at the meeting of the Association for Psychological Science, Washington, DC.
9. \*\*Kunaniec, K. P., \*\*Murphy-Neilson, M. C., \*\*Pamlanye, J. T., \*\*Reed, R. A., \*\*Truex, H. R., **Newins, A. R.**, & Wilson, L. C. (2019, May). *Higher rates of unacknowledged rape among men: The role of rape myth acceptance*. Poster presented at the meeting of the Association for Psychological Science, Washington, DC.
10. \*Bernstein, E., & **Newins, A. R.** (2018, November). *Sexual assault and mental health outcomes: Does severity of sexual trauma predict depressive symptoms and alcohol use?* Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
11. \*Cook, M. A., **Newins, A. R.**, & Smith-Dvorak, R. (2018, November). *What about this time? An examination of event-level drinking motives and consequences among college students*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
12. \*Peterson, R., & **Newins, A. R.** (2018, November). *Incapacitated sexual assault: The role of drinking with the intention of getting drunk*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
13. **Newins, A. R.**, Wilson, S. M., Wilson, L. C., Kimbrel, N. A., & Calhoun, P. S. (2018, November). *Civilian vs. military sexual assault: Gender differences in risk for mental health consequences*. Poster presented at the meeting of the International Society for Traumatic Stress Studies, Washington, DC.
14. Wilson, L. C., **Newins, A. R.**, Elbogen, E. B., Calhoun, P. S., Beckham, J. C., & Kimbrel, N. A. (2018, November). *Self- and other-directed violence as outcomes of military sexual trauma*. Poster presented at the meeting of the International Society for Traumatic Stress Studies, Washington, DC.
15. \*Bernstein, E., \*Peterson, R., **Newins, A. R.**, Waldron, J. C., & White, S. W. (2018, April). *College students' willingness to disclose sexual assault and correlates of sexual assault disclosure*. Poster presented at the meeting of the Anxiety and Depression Association of America, Washington, DC.
16. \*Peterson, R., \*Bernstein, E., **Newins, A. R.**, & White, S. W. (2018, April). *Title IX and sexual violence: Factors affecting students' disclosure likelihood*. Poster presented at the meeting of the Anxiety and Depression Association of America, Washington, DC.



17. **Newins, A. R.**, Norberg, M. M., & Ham, L. S. (2018, March). *Alcohol-related risk: What you drink matters as much as how much you drink*. Poster presented at the meeting of the Collaborative Perspectives on Addictions, Tampa, FL.
18. \*Cook, M., & **Newins, A. R.** (2017, April). *Maladaptive thoughts and depressive symptoms: A look at rape myth endorsement*. Poster presented at the meeting of the Anxiety and Depression Association of America, San Francisco, CA.
19. Hopkins, T., **Schry, A. R.**, Wilson, S. M., & Calhoun, P. S. (2016, October). *Barriers to VA and mental health treatment among women veterans who experienced military sexual trauma*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
20. **Schry, A. R.**, Fulton, J. J., Wilson-Barlow, L., & Ramos, K. (2016, October). *Disordered eating behaviors: The role of perceived societal pressure and emotion dysregulation*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
21. **Schry, A. R.**, & Norberg, M. M. (2016, October). *Gender differences in the relationship between expectancies and use of alcohol*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
22. Fulton, J. J., **Schry, A. R.**, Marcus, D. K., & Zeigler-Hill, V. (2015, November). *Risky sexual behaviors and self-esteem: The role of emotion dysregulation*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
23. Fulton, J. J., **Schry, A. R.**, Calhoun, P. S., Wagner, H. R., Hair, L. P., Feeling, N., Elbogen, E., & Beckham, J. C. (2015, November). *The prevalence of posttraumatic stress disorder in Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF) veterans: A meta-analysis*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
24. **Schry, A. R.**, Rissling, M. B., Gentes, E., Hicks, T. A., Beckham, J. C., Kudler, H., Straits-Tröster, K., & Calhoun, P. S. (2015, November). *The relationship between posttraumatic stress symptoms and physical health*. Poster presented at the meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
25. **Schry, A. R.**, Kudler, H., Straits-Tröster, K., Beckham, J. C., & Calhoun, P. S. (2015, May). *The prevalence of binge drinking and receipt of provider drinking advice among U.S. veterans with military service in Iraq or Afghanistan*. Poster presented at the Institute for Medical Research, Inc. Research Week, Durham, NC.
26. Hicks, T. A., **Schry, A. R.**, Kudler, H. S., Straits-Tröster, K., Beckham, J. C., & Calhoun, P. S. (2015, May). *The relationship between posttraumatic stress symptoms and physical health in a cross-sectional survey of U.S. Iraq and Afghanistan era veterans*. Poster presented at the Institute for Medical Research, Inc. Research Week, Durham, NC.
27. **Schry, A. R.**, & White, S. W. (2015, April). *Social anxiety and risk of sexual victimization: An examination of two potential mechanisms for increased risk*. Poster presented at the meeting of the Anxiety and Depression Association of America, Miami, FL.
28. **Schry, A. R.**, Norberg, M. M., White, S. W., & Maddox, B. B. (2014, November). *Sex matters: The effect of social anxiety on alcohol-related consequences*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
29. **Schry, A. R.**, & White, S. W. (2014, November). *Computer-based interventions: A possible new avenue for risk reduction programs for sexual victimization*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
30. **Schry, A. R.**, Maddox, B. B., & White, S. W. (2013, November). *Psychological health and social relationships in college students: Effects of social anxiety and depression on group memberships and relationship status*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
31. **Schry, A. R.**, Maddox, B. B., & White, S. W. (2013, April). *"It won't happen to me": Social anxiety predicts acceptance of myths about rape among college women*. Poster presented at the meeting of the Anxiety and Depression Association of America, La Jolla, CA.

32. **Schry, A. R.**, Lorenzi, J., Maddox, B. B., Neal, A., & Bray, B. C. (2012, November). *Predictors of rape acknowledgment in college women*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
33. **Schry, A. R.**, & White, S. W. (2012, November). *Drinking motives: Why you drink affects how much you drink and how problematic your drinking is*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
34. **Schry, A. R.**, & White, S. W. (2012, November). *Past victimization and current alcohol use as predictors of sexual victimization in college women*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
35. Smith, L. A., **Schry, A. R.**, & White, S. W. (2012, May). *The DD-CGAS as a tool for the assessment of global functioning in treatment outcome research*. Poster presented at the International Meeting for Autism Research, Toronto, Canada.
36. **Schry, A. R.**, & White, S. W. (2012, April). *Social anxiety and alcohol-related problems: Does type of problem matter?* Poster presented at the meeting of the Anxiety Disorders Association of America, Arlington, VA.
37. White, S. W., **Schry, A. R.**, & Maddox, B. B. (2011, May). *The assessment of anxiety in high-functioning adolescents*. Poster presented at the meeting of the Association for Psychological Science, Washington, DC.
38. **Schry, A. R.**, & White, S. W. (2011, March). *Anxiety about social interaction as a unique predictor of alcohol-related problems in female college students*. Poster presented at the meeting of the Anxiety Disorders Association of America, New Orleans, LA.
39. **Schry, A. R.**, Roberson-Nay, R., & White, S. W. (2011, March). *Screening for social anxiety disorder in college students: Reliability and validity of the SPAI-23*. Poster presented at the meeting of the Anxiety Disorders Association of America, New Orleans, LA.
40. **Schry, A. R.**, Pugliese, C. E., & White, S. W. (2010, November). *Lack of assertiveness and social anxiety as risk factors for sexual victimization in college women*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
41. **Schry, A. R.**, & White, S. W. (2010, March). *Drinking as a coping tool for the management of social anxiety*. Poster presented at the Virginia Tech Clinical Psychology Research Fair, Blacksburg, VA.
42. **Schry, A. R.**, & White, S. W. (2010, March). *Drinking as a coping tool for the management of social anxiety*. Poster presented at the meeting of the Anxiety Disorders Association of America, Baltimore, MD.
43. **Schry, A. R.**, & Pratt, M. (2008, April). *Effects of brief physical exercise on short-term mood: Moderating effects of fitness level and type of exercise*. Poster presented at the Mercer University Undergraduate Research Symposium, Macon, GA.

## INVITED PRESENTATIONS

(\*Graduate student author)

1. **Newins, A. R.** (2020, February). *Mindfulness for law enforcement officers*. Presentation to the Leesburg Police Department, Leesburg, FL.
2. **Newins, A. R.** (2019, September). *Vicarious trauma among probation officers*. Presentation at the Tri-District Sex Offender Supervision and Treatment Conference, St. Petersburg, FL.
3. Beckham, J. C., Merwin, R. M., **Newins, A. R.**, & Wilson, S. M. (2019, April). *Career paths in academic research*. Panel discussion for the Durham VA Medical Center Internship Professional Development Series, Durham, NC.
4. **Newins, A. R.**, & \*Scheurich, J. (2018, April). *Posttraumatic stress disorder (PTSD) and empirically supported interventions*. Invited presentation at the University of Central Florida Chi Sigma Iota meeting, Orlando, FL.

5. **Newins, A. R.**, & Merwin, R. M. (2018, April). *Career paths in academic research*. Panel discussion for the Durham VA Medical Center Internship Professional Development Series, Durham, NC.
6. **Newins, A. R.**, & Hurst, V. (2017, May). *Sexual trauma: What clinicians need to know*. Invited presentation at University of Central Florida RESTORES, Orlando, FL.
7. **Schry, A. R.** (2015, July). *Social anxiety disorder: Diagnostic considerations*. Invited presentation at the VA Mid-Atlantic Mental Illness Research, Education, and Clinical Center, Durham, NC.
8. White, S., **Schry, A.**, Kreiser, N., Maddox, B., & Pugliese, C. (2012, March). *Quiet struggles: Social disability, autism, and anxiety in girls and young women*. Invited presentation at the Women and Mental Health Conference, Roanoke, VA.
9. **Schry, A.** (2010, August). *Administration, coding, and scoring of the Autism Diagnostic Interview – Revised (ADI-R)*. Presentation at the Virginia Tech Autism Clinic, Blacksburg, VA.
10. **Schry, A.**, & Kreiser, N. (2010, June). *Autism spectrum disorders*. Presentation at Camp Easter Seals, Salem, VA.
11. **Schry, A.** (2009, September). *Administration, coding, and scoring of the Autism Diagnostic Interview – Revised (ADI-R)*. Presentation at the Virginia Tech Autism Clinic, Blacksburg, VA.
12. Pugliese, C., & **Schry, A.** (2009, May). *Autism spectrum disorders*. Presentation at Camp Easter Seals, Salem, VA.

## GRANTS AND CONTRACTS

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Department of Defense, Joint Warfighter Medical Research Program 05/2018 – 05/2023  
Effectiveness of Prolonged Exposure Therapy and Trauma Management Therapy for the  
Treatment of Posttraumatic Stress Disorder in an Active Duty Sample: A Comparison  
Study  
Role: Co-PI (25% credit; PI: Deborah Beidel, Ph.D., ABPP)  
Total Costs ~ \$10.57 million

Department of Defense, Army Medical Research Program 09/2018 – 09/2021  
Increasing PTSD Treatment Efficiency Using Innovative Technological Tools  
Role: Co-PI (23.75% credit; PI: Deborah Beidel, Ph.D., ABPP)  
Total Costs ~ \$3.0 million

Department of the Army, Materiel Command 08/2019  
Building Laboratories Without Limits: Bringing Behavioral and Neurophysiological  
Measurement to Real and Virtual Environments  
Role: Co-PI (14% credit; PI: Mark Neider, Ph.D.)  
Total Costs ~ \$596,000

## HONORS & AWARDS

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2020 **Rising Stars Award**, Association for Psychological Science (APS)  
2019 **National Institute on Alcohol Abuse and Alcoholism (NIAAA) R13 Funded  
Travel Award** (Travel award of \$750 to attend the 2019 American  
Psychological Association Annual Convention)  
2015 **IMR Research Week Poster Award, Fourth Place**, Institute for Medical  
Research, Inc., Durham VA (Role: mentor to undergraduate research assistant  
first author)  
2014 **National Psychologist Trainee Register Credentialing Scholarship**, National  
Register of Health Service Psychologists

2010 – 2013	<b>Department of Psychology Galper Award/Travel Award</b> , Virginia Tech (\$2500 total awarded)
2012	<b>Graduate Student Assembly Graduate Research Development Program Award</b> , Virginia Tech (\$500 for dissertation research)
2010 – 2012	<b>Graduate Student Assembly Travel Fund Award</b> , Virginia Tech (~\$1300 total awarded)
2008	<b>Metzger Award for the Best Empirical Manuscript on a Psychological Topic</b> , Mercer University
2004 – 2008	<b>Presidential Scholarship</b> , Mercer University
2004 – 2008	<b>Honors Program Scholarship</b> , Mercer University
2004 – 2008	<b>President's List</b> , Mercer University (3 semesters)
2004 – 2008	<b>Dean's List</b> , Mercer University (6 semesters)
2005	<b>Gamma Iota Chapter Outstanding Scholarship Award</b> , Alpha Gamma Delta
2004	<b>Top Ten in Graduating Class</b> , A. W. Dreyfoos, Jr. School of the Arts
2004	<b>APA Teachers of Psychology in Secondary Schools Outstanding Student in Psychology</b>

## **CLINICAL SUPERVISION EXPERIENCE**

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**Clinical Supervisor**, Rosengren Trauma Clinic at UCF RESTORES Clinic, Orlando, FL  
June 2018 – Present

*Responsibilities:* Provide clinical supervision for graduate students, postdoctoral fellows, and licensed clinical social workers in the clinic. Clinicians complete psychodiagnostic assessments and provide evidence-based, behavioral therapy for a variety of disorders with an emphasis on PTSD, trauma-related disorders, anxiety disorders, and depressive disorders.

**Practicum Supervisor**, University of Central Florida Psychology Clinic, Orlando, FL  
August 2016 – May 2019

*Responsibilities:* Serve as supervisor for one section of clinical practicum. Provide individual and group supervision to five graduate students providing evidence-based psychotherapy to adults with various presenting concerns. Review video recordings of selected portions of sessions.

**Clinical Supervisor**, University of Central Florida SHARE Lab, Orlando, FL  
December 2016 – June 2018

*Responsibilities:* Provide clinical supervision for graduate students in the SHARE lab who were providing services in the UCF RESTORES clinic. Graduate clinicians completed psychodiagnostic assessments and provided evidence-based, behavioral therapy for a variety of disorders with an emphasis on PTSD, trauma-related disorders, anxiety disorders, and depressive disorders.

**Peer Supervisor**, Virginia Tech Psychological Services Center, Blacksburg, VA  
August 2012 – May 2013

*Responsibilities:* Co-created first year introduction to practicum syllabus and co-led completion of this syllabus with two first-year students. Served as peer supervisor for one first-year and one second-year student. Conducted live supervision of therapy sessions and reviewed all progress notes, intake reports, discharge reports, and assessment reports.

*Supervisor:* George Clum, Ph.D.

**Peer Supervisor**, Virginia Tech Psychological Services Center, Blacksburg, VA  
May 2012 – August 2012

*Responsibilities:* Served as peer supervisor for four first-year students. Met weekly with each student for individual supervision and reviewed all progress notes, intake reports, discharge reports, and assessment reports.

*Supervisor:* Lee Cooper, Ph.D.

## **CLINICAL EXPERIENCE**

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**Staff Psychologist in the Intensive Outpatient and General Substance Use Disorders Programs**, VA Hillandale II Clinic, Durham, NC, and VA Raleigh II Clinic, Raleigh, NC

August 2015 – August 2016

*Responsibilities:* Provided individual and group therapy to patients with substance use disorders and comorbid conditions. Completed screening and intake assessments. Conducted psychological testing.

**Assessment Clinician**, VA Mid-Atlantic Mental Illness Research, Education, and Clinical Center, Durham, NC

August 2014 – August 2015

*Responsibilities:* Assessor for a study on post-deployment mental health in OEF/OIF veterans. Received extensive training on and achieved inter-rater reliability on the Structured Clinical Interview for DSM-IV, Axis I Disorders (SCID-I). Administered SCID-I to OEF/OIF veterans.

*Supervisor:* Patrick Calhoun, Ph.D.

**Women's Health Clinic Clinician**, Durham VAMC, Durham, NC

August 2014 – August 2015

*Responsibilities:* Conducted individual therapy with patients with various psychiatric disorders (e.g., PTSD, anxiety disorders, mood disorders, borderline personality disorder) and complex trauma (e.g., childhood abuse and military sexual trauma). Conducted intake assessments and military sexual trauma assessments as part of consultations and treatment planning.

*Supervisor:* Kelly Caron, Ph.D.

**Posttraumatic Stress Disorder Clinic Multidisciplinary Team Member**, Durham VAMC, Durham, NC

February 2014 – July 2014

*Responsibilities:* Provided individual evidence-based psychotherapy (i.e., Cognitive Processing Therapy [CPT] and Prolonged Exposure [PE]) to veterans of all eras with military-related PTSD. Provided evidence-based group therapy (i.e., CPT, Couples Coping with Trauma, and Seeking Safety). Conducted evaluations to determine whether veterans met diagnostic criteria for PTSD using the Clinician Administered PTSD Scale (CAPS) and Personality Assessment Inventory (PAI).

*Supervisor:* Carolina Clancy, Ph.D., ABPP

**Outpatient Mental Health Clinic Clinician**, Durham, VAMC, Durham, NC

February 2014 – July 2014

*Responsibilities:* Conducted diagnostic and personality assessments for veterans with multiple diagnoses and complex problem combinations (e.g., PTSD, panic disorder, personality disorders, problematic anger and aggression, couple/marital conflict). Provided individual therapy to veterans with complex psychological presentations. Provided couples therapy

to veterans experiencing marital difficulties. Co-led an anger management group.  
Designed and led a group on coping with anxiety and depression.

*Supervisor:* Jeffrey White, Ph.D.

**Women's Health Clinic Multidisciplinary Team Member**, Durham VAMC, Durham, NC

July 2013 – February 2014

*Responsibilities:* Conducted individual therapy with patients with various psychiatric disorders (e.g., PTSD, anxiety disorders, mood disorders, borderline personality disorder) and complex trauma (e.g., childhood abuse and military sexual trauma). Co-led psychoeducational group for trauma survivors; co-led DBT skills training group. Conducted military sexual trauma assessments as part of consultations and treatment planning.

*Supervisor:* Kelly Caron, Ph.D.

**Compensation and Pension (C&P) Assessor**, Durham VAMC, Durham, NC

July 2013 – February 2014

*Responsibilities:* Conducted evaluations including assessment of military-related trauma exposure (e.g., combat and military sexual trauma), any mental health issue that developed during military service (e.g., depressive, anxiety, and psychotic disorders), and mental health issues related to medical conditions (e.g., chronic pain). Wrote integrated reports using information from veterans' military, medical, and psychological records, psychological testing results, and information from a clinical interview.

*Supervisor:* Michael Griffin, Ph.D., ABPP

**Neuropsychological Assessor**, Durham VAMC, Durham, NC

July 2013 – February 2014

*Responsibilities:* Conducted interviews with patients presenting for neuropsychological assessments (e.g., referral questions of Alzheimer's disease, vascular dementia, Parkinson's disease, neurological changes due to substance use or head trauma). Selected neuropsychological testing batteries for patients. Wrote integrated reports using interview information and psychological testing results.

*Supervisor:* Karen Tucker, Ph.D.

**Graduate Clinician**, Virginia Tech Psychological Services Center, Blacksburg, VA

August 2009 – May 2011; May 2012 – May 2013

*Responsibilities:* Provided individual and couples therapy using empirically supported treatments (e.g., behavioral and cognitive-behavioral treatments) and treatments based on structural systems model for a variety of presenting problems (e.g., anxiety disorders, mood disorders, autism spectrum disorders). Administered psychological assessments and wrote integrated reports. Participated in individual and team supervision meetings.

*Supervisors:* George Clum, Ph.D. (August 2012 – May 2013); Lee Cooper, Ph.D. (May 2010 – May 2011; May 2012 – August 2012); Angela Scarpa-Friedman, Ph.D. (August 2009 – May 2010)

**Graduate Clinician**, Virginia Tech Child Study Center, Blacksburg, VA

August 2011 – August 2012

*Responsibilities:* Assessor for NIMH-funded research study examining the transmission of anxiety from mothers to their children. Received extensive training on and achieved interrater reliability for research purposes on the Anxiety Disorders Interview Schedule – DSM-IV (ADIS-IV), ADIS – Parent Version (ADIS-P), and ADIS – Child Version (ADIS-C). Administered ADIS-IV, ADIS-P, and ADIS-C to mothers and their children.

Administered behavioral approach task (BAT) and computerized emotional Stroop task to children.

*Supervisor:* Thomas H. Ollendick, Ph.D.

**Psychology Extern**, Catawba Hospital, Catawba, VA  
January 2012 – May 2012

*Responsibilities:* Participated in milieu group therapy (e.g., psychoeducational groups, music groups) for inpatients with severe mental illness. Observed initial assessments and assessments of capacity.

*Supervisor:* Yoon Jung, Ph.D.

**Graduate Clinician & Clinic Coordinator**, Virginia Tech Assessment Clinic, Blacksburg, VA  
August 2011 – May 2012

*Responsibilities:* Administered psychological assessments (e.g., tests of intelligence, achievement, and memory, personality assessments, assessment of psychological symptoms, such as anxiety and depression) and wrote integrated reports. Tracked assessment clinic materials and inventory. Organized and led all chart reviews for entire Psychological Services Center.

*Supervisor:* Lee Cooper, Ph.D.

**Graduate Clinician**, University of Central Florida Anxiety Disorders Clinic, Orlando, FL  
May 2011 – July 2011

*Responsibilities:* Provided behavioral therapy (i.e., exposure-based therapy) to individuals with various anxiety disorders (e.g., agoraphobia, obsessive compulsive disorder).

*Supervisor:* Deborah C. Beidel, Ph.D., ABPP

**Graduate Clinician**, Virginia Tech Autism Clinic  
August 2009 – May 2011

*Responsibilities:* Conducted clinical assessments for children, adolescents, and adults with suspected autism spectrum disorders and wrote integrated reports.

*Supervisor:* Susan W. White, Ph.D.

**Independent Evaluator**, Virginia Tech Psychosocial Interventions Lab  
September 2008 – May 2009; December 2010 – May 2011

*Responsibilities:* Assessor for NIMH-funded research study. Received extensive training on and achieved interrater reliability for research purposes on the Anxiety Disorders Interview Schedule – Child/Parent Version (ADIS-C/P), Children's Anxiety Rating Scale (CARS), Clinical Global Impressions Scale – Severity/Improvement (CGI), and Developmental Disability-Child Global Assessment Scale (DD-CGAS). Administered and assigned ratings on ADIS-C/P, CARS, CGI, and DD-CGAS.

*Supervisor:* Susan W. White, Ph.D.

**Graduate Clinician**, Virginia Tech Psychosocial Interventions Lab  
May 2009 – December 2010

*Responsibilities:* Clinician for NIMH-funded research study. Received extensive training on and achieved interrater reliability within the lab for research purposes on the Autism Diagnostic Interview – Revised (ADI-R). Administered diagnostic assessments. Served as individual therapist and co-therapist for group therapy for adolescents with autism spectrum disorders and at least one co-morbid anxiety disorder.

*Supervisor:* Susan W. White, Ph.D.

## **SPECIALIZED CLINICAL TRAINING**

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November 2018	<b>Radically Open-Dialectical Behavior Therapy (RO-DBT) for Disorders of Overcontrol</b> Presenter: Thomas Lynch, Ph.D., Association of Behavioral and Cognitive Therapies Convention
August 2014	<b>Motivational Interviewing Training</b> Trainer: Samantha Kettle, Psy.D., Durham VAMC
August 2013 – April 2014	<b>Cognitive Processing Therapy Consultation for VA Provider Status</b> Consultant: Carolina Clancy, Ph.D., ABPP, Durham VAMC
August 2013	<b>Cognitive Processing Therapy Training</b> Trainer: Carolina Clancy, Ph.D., ABPP, Durham VAMC
August 2013	<b>Prolonged Exposure Therapy Training</b> Trainer: Eric Crawford, Ph.D., Durham VAMC
April 2012	<b>Face Your Fears: How to Conduct Good Exposure Therapy Across Diagnoses</b> Presenter: David F. Tolin, Ph.D., ABPP, Anxiety Disorders Association of America Conference
February 2012	<b>Therapeutic Options of Virginia (TOVA) Training</b> Presenters: Bill Jackson, LPC, & Kim Mack, CNA, Catawba Hospital
November 2011	<b>Exposure Therapy for Anxiety: Basics and Beyond Workshop</b> Presenters: Jonathan S. Abramowitz, Ph.D., Brett Deacon, Ph.D., & Stephen P. Whiteside, Ph.D., Association for Behavioral and Cognitive Therapies Convention
December 2010	<b>Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Workshop</b> Trainer: Rochelle F. Hanson, Ph.D., Virginia Tech

## **OTHER TRAININGS**

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January – April 2017	<b>Online Teaching Seminar (IDL 6543)</b> UCF Center for Distributed Learning
March 2017	<b>Introduction and Intermediate Structural Equation Modeling</b> Instructor: Tenko Raykov Presentation at UCF Department of Psychology

## **TEACHING EXPERIENCE**

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### Undergraduate Courses Taught at UCF

Abnormal Psychology (CLP 3143)  
Principles of Behavior Modification (EAB 3703)

### Graduate Courses Taught at UCF

Empirically Supported Psychotherapies (CLP 7494)  
Ethical and Professional Issues in Clinical Psychology (CLP 7623)  
Supervision Practicum (CLP 7942L)  
Clinical Practicum (CLP 7943C)

Fall 2012, Spring 2013 **Graduate Teaching Assistant/Instructor of Record**, Abnormal Psychology  
(Undergraduate – PSYC 3014), Virginia Tech



Mean of overall instructor rating = 5.73 (out of 6)

*Responsibilities:* Served as instructor of record for one section of abnormal psychology per semester.

Fall 2011 **Graduate Teaching Assistant**, Psychological Assessment (Graduate – PSYC 6254), Virginia Tech

*Responsibilities:* Led administration demonstrations for assessment measures taught in the course. Assisted in grading all assignments. Managed volunteer recruitment for practice administrations.

*Course Instructor:* Lee Cooper, Ph.D.

Spring 2011 **Graduate Teaching Assistant**, Advanced Research Methods in Clinical Psychology (Undergraduate – PSYC 4364), Virginia Tech

*Responsibilities:* Presented multiple lectures on various topics in clinical psychology, including applying to graduate school in clinical psychology, conducting psychological assessments, and moderator and mediator variables in clinical psychology research.

*Course Instructor:* Matthew Fritz, Ph.D.

## **PROFESSIONAL AFFILIATIONS**

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2016 – Present	<b>Member</b> , Women’s Issues in Behavior Therapy Special Interest Group, Association for Behavioral and Cognitive Therapies (ABCT)
2015 – Present	<b>Member</b> , ABCT
2014 – 2015	<b>Postdoctoral Member</b> , Anxiety and Depression Association of America (ADAA)
2013 – 2015	<b>Student Member</b> , Women’s Issues in Behavior Therapy Special Interest Group, ABCT
2012 – 2015	<b>Student Member</b> , Society for a Science of Clinical Psychology (SSCP)
2011 – 2015	<b>Student Member</b> , Anxiety Disorders Special Interest Group, ABCT
2014 – 2015	<b>Student Member</b> , Association for Psychological Science (APS)
2009 – 2015	<b>Student Member</b> , ABCT
2009 – 2013	<b>Student Member</b> , ADAA (formerly Anxiety Disorders Association of America)
2012 – 2013; 2008 – 2011	<b>Student Affiliate</b> , American Psychological Association (APA)
2008 – 2009	<b>Student Affiliate</b> , Southeastern Psychological Association (SEPA)
2007 – 2008	<b>Member</b> , Psi Chi

## **PROFESSIONAL SERVICE**

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### Service to the Community:

2018	<b>Volunteer Mental Health Service Provider</b> , Pulse Nightclub Two Year Anniversary Event, City of Orlando, FL
2017	<b>Volunteer Mental Health Service Provider</b> , Las Vegas Shooting Vigil, City of Orlando, FL
2017	<b>Volunteer Mental Health Service Provider</b> , Pulse Nightclub One Year Anniversary Events, City of Orlando, FL

### Service to the Department of Psychology and UCF RESTORES, University of Central Florida:

2018 – Present	<b>Member</b> , HIPAA Committee, UCF RESTORES
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2018 – Present	<b>Member</b> , HIPAA Committee, Clinical Psychology Graduate Program
2017 – Present	<b>Member</b> , Diversity Committee, Clinical Psychology Graduate Program
2016 – Present	<b>Member</b> , Clinical Psychology Program Graduate Faculty
2018 – 2019	<b>Member</b> , Search Committee for UCF Department of Psychology Clinic Director Position
2018	<b>Member</b> , Search Committee for UCF RESTORES Faculty Member Position
2018	<b>Member</b> , Search Committee for UCF RESTORES Postdoctoral Associate Position
2017	<b>Member</b> , Search Committee for UCF RESTORES Clinical Assistant Professor Position

Service to the College of Sciences, University of Central Florida:

2019	<b>Psychology Department Representative</b> , Ad Hoc Committee for Student Appeal, College of Sciences, University of Central Florida
2017 – 2019	<b>Psychology Department Representative</b> , Graduate Curriculum and Standards Committee, College of Sciences, University of Central Florida
2016 – 2018	<b>Psychology Department Representative</b> , Recognition and Scholarship Committee, College of Sciences, University of Central Florida

Service to the University of Central Florida:

2018 – Present	<b>Member</b> , HIPAA Collaborative Workgroup, University of Central Florida
2016 – Present	<b>Member</b> , Title IX Advisory Council, University of Central Florida
2017 – 2018	<b>Judge</b> , Graduate Research Forum
2016 – 2018	<b>Member</b> , Data Analysis Committee, Title IX Advisory Council, University of Central Florida

Undergraduate Capstone Project Committees:

Abigail Lewis (Spring 2017)

Service to the Profession:

2018 – Present	<b>Editorial Board</b> , <i>Bulletin of the Menninger Clinic</i>
2017 – Present	<b>Member</b> , Animation Workgroup for the Examination for Professional Practice in Psychology (EPPP) Step 2
2017 – Present	<b>Editorial Board</b> , <i>Behavior Therapy</i>
2016 – Present	<b>Member</b> , Technology Template Development Team for the EPPP Step 2
2016 – Present	<b>Member</b> , Item Writing Team for the EPPP Step 2
2016 – 2019	<b>Program Committee Member</b> , ABCT
2015	<b>Abstract Reviewer</b> , ADAA Poster Submissions
2010 – 2011	<b>Editorial Board</b> , <i>The New School Psychology Bulletin</i>

**Ad Hoc Journal Reviews**

*Acta Psychopathologica*

*Addictive Behaviors*

*Alcoholism: Clinical and Experimental Research*

*American Journal of Preventive Medicine*

*The American Journal on Addictions*

*Analyses of Social Issues and Public Policy*

*Annals of Epidemiology*

*Applied Developmental Science*

*Archives of Sexual Behavior*

*Autism: International Journal of Research and Practice*

*Behavior Therapy*  
*The Canadian Journal of Psychiatry*  
*Cognitive Behaviour Therapy*  
*Cultural Diversity and Ethnic Minority Psychology*  
*Current Psychology*  
*Developmental Psychology*  
*Drug and Alcohol Review*  
*Health Psychology*  
*International Journal of Environmental Research and Public Health*  
*Journal of Affective Disorders*  
*Journal of Aggression, Conflict and Peace Research*  
*Journal of Anxiety Disorders*  
*Journal of Clinical Child and Adolescent Psychology*  
*Journal of Clinical Psychology*  
*Journal of Dual Diagnosis*  
*Journal of Interpersonal Violence*  
*Journal of Nervous and Mental Disease*  
*Journal of Personality Assessment*  
*Journal of Psychoactive Drugs*  
*Journal of Sex and Marital Therapy*  
*Journal of Social and Clinical Psychology*  
*Journal of Studies on Alcohol and Drugs*  
*Journal of Women's Health*  
*Nicotine & Tobacco Research*  
*The Open Psychology Journal*  
*PLOS ONE*  
*Professional Psychology: Research and Practice*  
*Psychiatry Research*  
*Psychological Services*  
*Psychological Trauma: Theory, Research, Practice, and Policy*  
*SAGE Open*  
*Societies*  
*Substance Abuse*  
*Substance Use and Misuse*  
*Training and Education in Professional Psychology*  
*Trauma, Violence, and Abuse*  
*Violence Against Women*  
*Violence and Victims*

*Service to the Durham VA Medical Center:*

2015 – 2016	<b>Research Mentor</b> , Durham VAMC Internship Program
2015 – 2016	<b>Professional Development Mentor</b> , Durham VAMC Internship Program
2014 – 2015	<b>Psychology Postdoctoral Fellow Representative to Training Committee</b> , Durham VAMC
2013 – 2014	<b>Psychology Intern Representative to Training Committee</b> , Durham VAMC

*Service to Virginia Tech:*

2013	<b>Grads-on-Demand Volunteer</b> , Virginia Tech Graduate-Undergraduate Mentoring Program
2013	<b>Peer Mentor</b> , Psychology Department, Virginia Tech
2013	<b>Abstract Reviewer</b> , Virginia Tech Graduate Student Assembly Research

2011 – 2013                      Symposium  
2011 – 2012                      **Proposal Reviewer**, Virginia Tech Graduate Research Development Program  
    **Clinical Psychology Program Student Representative**, Virginia Tech

## **MENTORING**

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### Graduate Student Training

Served as major research advisor and chair for the following masters thesis and doctoral dissertation projects:

1. Rebekah Kanefsky  
Thesis Title: *Sexual orientation and the disclosure of unwanted sexual experiences*  
Proposed October 2019
2. Emily Bernstein  
Thesis Title: *Sexual assault acknowledgment and psychological symptoms: The indirect effect of social reactions to disclosures*  
Proposed: November 2018
3. Matthew Cook  
Thesis Title: *Stepping outside of yourself: Social anxiety, dissociation, alcohol consequences, and relationship satisfaction*  
Defended: December 2018
4. Frances Deavers, Ph.D. (Co-Chair)  
Dissertation Title: *How does brief cognitive behavioral therapy work? Potential mechanisms of action for veterans with physical and psychological comorbidities*  
Defended: June 2017

Served as a committee member for the following masters thesis and doctoral dissertation projects:

1. Mark Crisafulli  
Thesis Title: *Social connectedness and college student alcohol use: Understanding the role of alcohol expectancies, social anxiety, and need to belong*  
Proposed: December 2019
2. Jennifer Scheurich  
Dissertation Title: *Parental fear of hypoglycemia, adherence, and glycemic control in young children with Type I Diabetes*  
Proposed: September 2019
3. Jessica Flori  
Thesis Title: *Effectiveness of the Expectancy Challenge Alcohol Literacy Curriculum (ECALC) in reducing heavy drinking among college students*  
Proposed: January 2019
4. Roselyn Peterson  
Thesis Title: *Associations between alcohol use, regretted sex, and protective behavioral strategies for college students*  
Defended: July 2019
5. Chelsea Wiener  
Dissertation Title: *Brief behavioral health intervention for patients with stable coronary artery disease*  
Defended: July 2019
6. Madeline Marks  
Dissertation Title: *Habituation trajectory during exposure therapy: Comparing first responders*

*and military personnel*  
Defended: May 2019

Undergraduate Student Training

Served as major research advisor and chair for the following Honors in the Major projects:

1. Christian Clevenger  
Project Title: *Sexual assault disclosure and gender: Relationship between survivor gender and disclosure*  
Proposed: November 2019
2. Kayla Bushong  
Project Title: *Emotional abuse in college students: Gender difference in psychological outcomes*  
Defended: July 2018

Served as a committee member for the following Honors in the Major projects:

1. Tori Jansen  
Project Title: *Models of perception: Lay theories and stigma towards alcohol use disorder*  
Proposed: November 2019
2. Tijana Radojevic  
Project Title: *College students' perceptions of promiscuity*  
Defended: November 2019
3. Ashley Lee Lum  
Project Title: *Relationships between broad aspects of personality: Functioning and generalized anxiety severity*  
Proposed: December 2018

**REFERENCES**

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Available upon request